

	CALORIES	CALORIES FROM FAT	TOTAL FAT (g)	SATURATED FAT (g)	TRANS FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBOHYDRATES (g)	DIETARY FIBER (g)	TOTAL SUGARS (g)	PROTEIN (g)
SANDWICHES											
English Muffin	130	10	1	0	0	0	220	26	1	0	5
Southern Biscuit	270	110	12	6	0	0	840	35	< 1g	3	6
Fried Egg	100	70	8	2	0	205	170	0	0	0	7
American Cheese	50	35	4	2.5	0	15	140	1	0	< 1g	3
Cheddar Cheese	60	40	4.5	3	0	15	90	0	0	0	4
Bacon	45	30	3.5	1.5	0	10	160	0	0	0	2
Pork Sausage Patty	200	180	20	7	0	35	240	< 1g	0	0	5
SIDES											
Hash Brown Potato Patty	150	100	11	2.5	0	0	240	13	2	0	< 1g
Southern Biscuit	270	110	12	6	0	0	840	35	< 1g	3	6